

Coordinated Efforts Needed for Sickle Cell Eradication: Kharadi

Udaipur: Tribal Area Development Minister Babul Kharadi emphasized the need for coordinated efforts and public awareness to eradicate sickle cell disease, particularly in tribal regions. Speaking at a state-level workshop on World Sickle Cell Day at Maharana Bhupal Government Hospital's new auditorium, organized by RNT Medical College and the Center of Excellence for Sickle Cell, he highlighted the inclusion of sickle cell eradication in the goals for a developed India by 2047, as emphasized by Prime Minister Narendra Modi.

for Sickle Cell, acknowledging the high prevalence of the disease in tribal areas.



Impact on the Nation's Strength: MP Dr. Mannalal Rawat

MP Dr. Mannalal Rawat, a special guest at the event, pointed out that sickle cell disease significantly affects individuals aged 0 to 40, a critical demographic for the nation's economic and social activities.

He highlighted Prime Minister Modi's mission to eradicate sickle cell disease and

called for awareness programs involving youth at the village level.

Awareness and Government Hospital Services

Udaipur city MLA Tarachand Jain praised government hospital services and urged the dispelling of misconceptions about public

healthcare. Udaipur rural MLA Phoolsingh Meena also emphasized the need for pub-

lic awareness about the disease.

Workshop Contributions and Launch of SETU System

The workshop featured contributions from various officials, including Tribal Area Development Department Assistant Director Sudhir Dave, Blood Cell Coordinator Dr. Mukesh Chaudhary, NESO

Secretary Gautam Dongre, and more. RNT Medical College Principal Vipin Chandra Mathur and Center of Excellence Nodal Officer Dr. Lakhnan Poswal highlighted the need for a separate building for the center.

Minister Kharadi and other dignitaries launched the SETU (Rapid Referral Redressal System), designed to provide better and faster medical assistance to patients. The system aims to streamline the referral process between hospitals, ensuring timely and efficient services.

Collector's Initiatives

District Collector Arvind Poswal praised the sickle cell screening efforts in Udaipur, where 700,000 people have been screened in three months against a target of 1.2 million in three years. He emphasized the need for extensive public

awareness and suggested organizing workshops for Panchayati Raj representatives.

Details of the SETU System

Principal Mathur provided a detailed presentation on the SETU system, explaining its role in connecting RNT Medical College with affiliated hospitals. The system includes QR codes for online referral forms, a control room for real-time communication, and preparation for patient arrival. The aim is to reduce wait times, improve resource management, and ensure availability of specialty services.

Participants

The workshop saw participation from various doctors and specialists from eight districts of the state, along with NHM Blood Cell Officer Girish Dwivedi and others.

Mandatory Outdoor Activity for School children

Udaipur: APG Career Counseling Seminar was organized today at the Alakh Nayan Mandir complex in Pratapnagar under the joint auspices of the Udaipur Ophthalmological Society and the Alakh Nayan Mandir Eye Institute. More than 100 doctors and resident doctors from six medical colleges in Udaipur, as well as 150 doctors from across the country, participated online in the seminar.

In his address, Dr. J.S. Titiyal, Chief of RP Centre at AIIMS New Delhi and Vice President of the All India Ophthalmology Society, highlighted that the percentage of blindness in the country has dropped from 1.6% to 0.34% over the past decade. Despite this progress, India still has the highest number of blind people in the world. Concerned about this, the Government of India is emphasizing the screening of patients to detect blindness and raise public awareness about this condition.



Dr. Titiyal mentioned that the Ministry of Education is considering mandating one hour of outdoor activity for children in all schools across the country to combat the increasing incidence of myopia among children due to mobile and other electronic devices. This initiative is expected to have a positive impact on both the eye health and overall physical growth of children. The government is also exploring the distribution of prescription glasses for near-vision issues with the help of non-governmental organizations. A new health policy is being introduced to address the increase in blindness among people under 50 due to corneal opacities.

He also discussed efforts to raise awareness about eye diseases caused by conditions like glaucoma, cataracts, and diabetes, with the help of ASHA workers. The NITI Aayog is making efforts to prevent myopia among children.

Dr. Titiyal pointed out that due to the shortage of doctors and institutions in villages, the percentage of blindness is higher in rural areas. To address this, the government is connecting villages with a telemedicine system to ensure timely treatment for rural eye patients and training manpower to provide adequate care.

Dr. L.S. Jhala, Director of the Alakh Nayan Mandir Eye Institute, shared that detailed information about the field of ophthalmology was provided to resident doctors, helping them understand the areas they can specialize in and see their future in ophthalmology. Dr. Titiyal also inaugurated the world's latest optical biometer, ARGOS and Verion for Digital Cataract Surgery, at the Alakh Nayan Mandir Eye Hospital today.

Suggestions for Maintenance of Religious Sites, Youth Engagement, and Religious Tourism Development

A state-level workshop organized by the Devasthan Department was held at Dr. Anushka Law College auditorium to prepare the "Developed Rajasthan 2047" document. Chief guest Udaipur MP Dr. Mannalal Rawat highlighted Rajasthan's rich religious heritage and emphasized transforming temples into centers of cultural and spiritual activities. Devasthan Commissioner Vasudev Malawat presided over the workshop.

Key Suggestions:

1. Youth Engagement and Technology:

- Dr. Shalendra Soman: Utilize audio-visual means to inform youth about major temples, organize light and sound shows, and create a universal app featuring temple histories, schedules, and online darshan and puja arrangements.

- Yashodanandan Pujari: Empower priests to secure electricity and water connections for village temples and enhance public amenities at temple sites.

2. Religious Tourism:

- Vineet Sanadhya: Develop a religious tourism circuit connecting major temples like Srinath Ji, Dwarkadhish Ji, Charbhuj Ji, Jagdish Temple, Eklingji, Tripura Sundari, Sanwalya Ji, and Devsornath Temple.

- Tourism Deputy Director Shikha Saxena: Enhance amenities such as rest areas, cafeterias, and light and sound shows. Propose significant temples for UNESCO World Heritage status and upload short films about major temples on the tourism department's portal.



3. Infrastructure and Education:

- Hemraj Poswal: Allocate land for developing temples lacking space and reinstate the Gurukul tradition in temples.

- Rishikesh Das: Create libraries in temples for studying Vedic scriptures and train priests to raise public awareness.

4. General Enhancements:

- Develop basic facilities, create an online portal for all temples, and positively engage youth with temple activities.

- Properly utilize temple lands and integrate temples into broader educational and cultural contexts.

The workshop, attended by 125 stakeholders, featured 28 intellectuals sharing insights and 17 organizations presenting written suggestions. Assistant Commissioner Jatin Gandhi conducted the event, with Additional Commissioner Ashok Kumar delivering a vote of thanks. Other notable attendees included Assistant Commissioner Rishabhdev Deepika Meghwal, Inspector Sunil Meena, and Shivraj Singh Rathore.

Workshop on Diabetes Awareness and Insulin at Pacific Medical College

Pacific Medical College and Hospital organized a workshop on diabetes awareness and insulin use for nursing staff. Dr. Nilesh Patra, Professor of Medicine, was the main speaker, addressing misconceptions about diabetes and proper insulin administration techniques. Dr. Patra emphasized that 50% of people are unaware they have diabetes, stressing the importance of timely medical advice, regular check-ups, and treatment to prevent complications. Over 40 nursing staff members, including Nursing Superintendent Bharat Patidar, Ramesh Arya, Chandrakanta Sachdeva, Sweetie Joshi, and Gajendra Meghwal, participated in the workshop.

TURBANS PAGADI OF MEWAR

While the beautiful ladies of Rajasthan captivate others with their colourful Chunnis and Cholis, their male counterparts embellish their heads with colourful turbans. Both of them present the splendid and captivating royal traditions and culture of Rajasthan.

A nine metre long cloth is dyed in brilliant colours. Muslin is the commonly used fabric as it is light weight but voluminous and airy. Cotton is also used. Also popular are turbans in fabrics such as silk, paper silk and cotton Zardozi.

Out of the whole state of Rajasthan, this head-dress is most popular in Mewar. Bakhram Paag is the most widely used head-dress. Among other popular ones are Udaishahi named after Maharana Udaisingh, Amarshahi named after Maharana Amar Singh, Bheemshahi named after Maharana Bheem Singh, Swaroopshahi named after Maharana Swaroopsingh and Aarsi named after Maharana Aarsingh. They were most common during the reign of the Maharanas after whom they were named.

In Rajasthan, different communities have their distinct kinds of turbans. Rajputs wear their signature five coloured turban while Bishnois and Ram Snehies wear plain white turbans. Raikas and Kabirs prefer bright red coloured turbans. The Sanyasis wear the ochre ones. Coloured turbans with check prints are worn by Langas and Kalbeliyas. The royal families still prefer Sirpench fixed on the pure fabric for the Rajwadi.

Different types of turbans are worn on different occasions. On the occasion of death, white turban without any decoration is worn. On the happy occasion of marriage etc. only the bridegroom used to wear a turban. Now the fashion is that all the Baratis also put on turbans. Another practice is that when a person is to be honoured a turban is put on his head.

Head-dress is much more than any accessory. It protects one from scorching heat of the sun. Farmers and shepherds wear big turbans. At times tired travellers also use them as makeshift pillows, a sheet for covering them body and as well as a towel. They can be unknotted and used as ropes to draw water from wells.

Bagore Ki Haveli of Western Zone Cultural Centre, Udaipur has a huge fascinating collection of turbans. It has perhaps the biggest Pagdi in the world that is 11 feet in circumference, 15 feet long, 30 inches high and 30 kilos in weight.

Impelled by their Bhakti of Lord Ram a team of Udaipur ladies sent 500 Mewari Paags to Ayodhya on the occasion of opening Ram Mandir on 22nd January 2024. They were prepared in just seven days.



Hansraj Choudhary of Navgrah Ashram Honored with National Atal Award

Shahpura (Peswani): Hansraj Choudhary, founder of Navgrah Ashram located near Raila at Motibor Ka Kheda, was honored with the National Atal Award by the Atal Foundation at a ceremony held at the Prime Minister's Museum in New Delhi. The award has brought great pride and joy to his supporters and admirers.

The award ceremony saw the presence of prominent figures such as BJP National Vice President Avinash Rai, Chief Patron of Atal Foundation Shyam Jaju, and National President Aparna Singh. Hansraj Choudhary was honored with a commendation certificate, citation, and a memento for his remarkable contributions to Ayurveda and cow service, and for his distinguished work as a social worker.

Hansraj Choudhary shared that a total of 48 individuals from across the country were honored at the event, and he was the only person from Motibor Ka Kheda in the Asind tehsil area to receive this prestigious award. This recognition has created an atmosphere of joy and pride in the entire region.

Upon his return to Navgrah Ashram with the award, Choudhary was given a grand welcome by his supporters. He expressed that this honor would enhance his work approach and serve as an inspiration for him to work even harder. He acknowledged the Atal Foundation, an autonomous organization of the Government of India operating under the guidance of the RSS, for bestowing this prestigious recognition upon him.

Choudhary also announced his plans to further expand his efforts in Ayurveda and cow service. He acknowledged the increased responsibilities that come with this award and committed to dedicating himself even more to his work.

Role of Navgrah Ashram

Navgrah Ashram, established by Hansraj Choudhary, has made significant contributions in the fields of Ayurveda and cow service. The ashram has benefitted various sections of society by improving their health and well-being through its services. This award has brought additional recognition to the ashram's efforts and provided it with a new direction.

Impact on Society

Hansraj Choudhary's achievement has inspired the people of his region. His dedication and hard work have demonstrated that efforts made with the right direction and sincerity always receive recognition. This award has not only honored Hansraj Choudhary but has also brought pride to the entire Motibor Ka Kheda area.

Summary

Hansraj Choudhary's recognition with the National Atal Award is a significant achievement for him and Navgrah Ashram. This honor acknowledges his dedicated work and commitment to social service. Inspired by his example, many more people may pursue social and national service with greater zeal.



Udaipur Students Graduate as Doctors from China

Udaipur students Sakshi Purbia, Nikita Purbia, and Kunika Gupta have completed their MBBS degrees from a medical college in China. Starting their studies in 2018, they finished their six-year program, including an internship. They will return to India to take the FMGE exam next month.



Mahendra Purbia, father of Sakshi and Nikita, expressed gratitude to education counselor Vikas Chhajed for guiding them. K.N. Gupta, Kunika's father, shared the family's joy and relief at their children's success.

Education counselor Vikas Chhajed highlighted changes by the NMC in 2021 regarding MBBS studies abroad and stressed understanding these regulations to select suitable countries for medical education.

Dr. Yadunath Singh Appointed Dean of Applied Science at BTU

Bikaner: Dr. Yadunath Singh, former Director of Academics at Bikaner Technical University (BTU), has been appointed as



the Dean of the Faculty of Applied Science by Vice-Chancellor Prof. Ajay Kumar Sharma. Additionally, Dr. Singh will serve as a member of the BTU Management

Board. The appointment was announced by Public Relations Officer Vikram Rathore, with official orders issued by the BTU Registrar.

The appointment has been warmly received, with congratulations pouring in from affiliated colleges, academicians, and stakeholders. Dr. Singh expressed his gratitude to Vice-Chancellor Sharma and all well-wishers, emphasizing his commitment to promoting innovation and research in Applied Science. He aims to create an enriching academic environment, fostering strong teaching and research programs to advance BTU's educational culture. Yadunath

Accidents do not happen by chance: Stay safe & Be wise in public places

I suddenly felt like going to Girgaon Chowpatty. Since my childhood, I have loved watching the rising and falling of the sea waves in this pleasant monsoon season. I was just watching them for a while when I got distracted by some noise near me.

Some people were going towards the deep water and showing stunts and their family members were busy making video reels. In the meantime, the life guard called them to come out.

They came out with difficulty and clashed with the life guards. The young man talking with arrogance was trying to show himself like a filmy dada. He also used foul language and troubled the guards a lot during their duty. I was standing and watching all this. Just then a guard called the police van. That young man was still talking with arrogance and was blaming the guards.

Now I could not hold myself back and introduced myself to the policeman and told him the truth. I said that if any accident happens then news will come that this accident happened due to carelessness but then no one will tell how careless the general public is towards their own safety.

The guards deployed for security were trying their best to save you and what kind of culture were you introducing by abusing the person who saved you?

It is our responsibility to stay safe, doing stunts in the deep sea without thinking, and putting your own life in danger is not wisdom.

I understood my responsibility and supported the truth. I asked that young man to say sorry to the guards. The guards thanked me.

Perhaps now no one wants to under-

stand that life is priceless and you can lose it in a moment due to unnecessary ego. Stay away from deep water in these season and take care of your and others' safety while making reels.

MP Dr. Rawat Attends PM Kisan Samman Nidhi Distribution Program

Udaipur: Prime Minister Narendra Modi distributed the 17th installment of the PM Kisan Samman Nidhi, amounting to Rs. 20,000 crore, to 9.26 crore farmers across the country. To virtually participate in this program, Udaipur MP Dr. Mannalal Rawat visited the Vidya Bhavan Krishi Vigyan Kendra in Udaipur on Tuesday and joined in celebrating the relief provided to farmers.

Addressing the 96 farmers and officials present, MP Dr. Rawat emphasized that both the central and state govern-



ments are running numerous schemes for the welfare of farmers. He urged farmers to utilize these schemes according to their needs. Dr. Rawat also directed officials to implement the Bamboo Mission plans in the Mewar region.

Dr. Jitendra Kumar Tayalia, President of Vidya Bhavan Society, welcomed MP Dr. Rawat on this occasion. The Joint Director (Agricultural Extension) informed the farmers about the state government's schemes and highlighted the issues arising from the small landholdings of farmers in the region to the MP.

Senior Scientist and Head of the Krishi Vigyan Kendra, Dr. P.C. Bhatnagar, briefed the MP on the center's valuable activities and stressed the importance of increasing the seed replacement rate to boost farmers' income.

He also emphasized the need to make goat farming a major business alongside agriculture. Former Sarpanch of Badgaon, Pannalal Sharma, along with a large number of farmers and villagers, attended the event. The program was conducted by Dr. Deepak Jain.