

Prof. Amarika Singh Appointed as Pro-Chancellor of NIMS University

Jaipur: In a significant move that promises to usher in a new era of academic excellence, Prof. Amarika Singh has been appointed as the Pro-Chancellor of NIMS University, Rajasthan, Jaipur. The appointment was made following the recommendation of the selection committee and the approval of Chancellor Prof. (Dr.) Balvir Singh Tomar.

The official announcement

was issued by Registrar Dr. Sandeep Tripathi. Prof. Amarika Singh, an esteemed academician with a distinguished career, expressed his gratitude to the founder and Chancellor, Prof. (Dr.) Balvir Singh Tomar, and the selection committee for entrusting him with this pivotal role. "I am honored and deeply grateful for this opportunity. I am committed to contributing to the academic and adminis-

trative growth of NIMS University," said Prof. Singh. Prof. Singh's appointment is seen as a landmark development for NIMS University, which is renowned for its comprehensive range of programs and its commitment to academic excellence. Prof. Singh, who has served as an advisor to NIMS University and has held various prestigious positions including Vice-Chancellor of Mohan Lal Sukhadia



University, Udaipur, and Dean at Dr. A.P.J. Abdul Kalam Technical University, Lucknow,

brings a wealth of experience and expertise to his new role.

NIMS University, one of India's premier private universities, is known for its diverse and inclusive student body, with students from 18 countries. The university offers a wide range of programs from diplomas to doctorates, spanning fields such as health sciences, humanities,

engineering, management, law, and fashion design. NIMS University also operates a 1450-bed multi-specialty hospital that provides state-of-the-art medical facilities, including liver and kidney transplants.

Under Prof. Singh's leadership, NIMS University is poised to reach new heights. His vision and dedication are expected to drive significant academic and administrative

advancements, enhancing the university's reputation as a leading center of education and research.

NIMS University has been recognized as a top institution for higher education in India, receiving numerous awards including the Best Self-Financed University Award 2013 and the CCI Technology Education Excellence Award 2014.

The university is also a

recipient of multiple accolades for its skill development programs, earning the title of Best Skill Development Institute by the Government of India and ASSOCHAM.

Prof. Amarika Singh's appointment is a proud moment for the academic community, and his leadership is anticipated to lead NIMS University to unprecedented success, setting new benchmarks in higher education.

Lecture Program on Yoga Organized at NIMS University's Indian Tradition Center

Jaipur: NIMS University's Indian Tradition Center hosted an enlightening lecture program focused on Yoga, Mudras, and Health. This event delved deeply into the physical, mental, and spiritual benefits of yoga, drawing a diverse audience keen on exploring the ancient practice.

The keynote speaker for the event was Shri Vardhan Ji, the Regional Propaganda Chief of the Rashtriya Swayamsevak Sangh (RSS). In his comprehensive address, Shri Vardhan Ji emphasized the significance of yoga as a holistic practice. He detailed how yoga serves as a powerful tool for enhancing physical health, mental clarity, and spiritual growth. Highlighting various yoga postures, he explained their specific benefits, such as reducing blood pressure, alleviating stress, and improving physical balance. Shri Vardhan Ji inspired the audience to make yoga a regular part of their daily

routines to achieve overall well-being.



Dr. Pankaj Singh, Director of NIMS University, also spoke at the event, underscoring the myriad health benefits of yoga. He shared insights on how yoga can contribute to a healthier lifestyle and encouraged attendees to commit to regular yoga practice. His speech reinforced the importance of integrating yoga into everyday life for maintaining good health and achieving mental peace.

The event was graced by several distinguished guests,

including RSS pracharaks Shri Manu Kamboj, Shri Naresh

Yadav, Shri Lalit Dak, Shri Sahdev Singh, and Shri Vansh. Their presence added to the significance of the event, reflecting the broad support for the promotion of yoga.

Dr. Kuldeep Singh Jhala skillfully conducted the program, ensuring a smooth flow of events and engaging the audience throughout. Prof. Deepika Varshney delivered the vote of thanks, expressing gratitude to all the speakers, guests, and participants for

their contributions to the successful event.

The program saw active participation from NIMS University's esteemed faculty members, including Prof. Manoj Srivastava, Prof. Anupama Pandey, Prof. R.K. Saini, Prof. Arvind Rath, Prof. Tofail Ahmed, Dr. Harshit Sinha, administrative officer Shri Radheshyam Gurjar, Dr. Govind Upadhyay, and Shri Ashutosh Singh. Their involvement highlighted the university's commitment to promoting traditional knowledge and holistic health practices.

Throughout the lecture, the speakers highlighted the necessity of integrating yoga into one's lifestyle to enhance physical, mental, and spiritual health. The audience left the event with a renewed enthusiasm to embrace yoga, inspired by the insightful discussions and practical advice shared during the program.

Prof. Amarika Singh on

Yoga:

Prof. Amarika Singh, an advisor at NIMS University, welcomed the attendees with a thoughtful address, emphasizing the integral role of yoga in maintaining a healthy lifestyle. She highlighted how yoga serves as the foundation of a spiritual life, promoting physical wellness, mental clarity, and emotional stability. Prof. Singh's insights underscored the timeless wisdom of yoga, encouraging participants to embrace this ancient practice for holistic well-being. She stressed the importance of incorporating yoga into daily routines, not just as a form of exercise but as a means to achieve overall harmony in life.

Dr. B.S. Tomar on the Necessity of Yoga:

Dr. B.S. Tomar, a prominent figure in the field of health and wellness, spoke on the critical need to integrate yoga into everyday life. He elaborated

on how regular yoga practice can significantly improve physical health, enhance mental resilience, and foster spiritual growth. Dr. Tomar emphasized that yoga is not merely a physical activity but a comprehensive approach to living a balanced life. His address focused on practical ways to incorporate yoga into busy schedules, making it accessible and beneficial for everyone. Dr. Tomar's message was clear: yoga is essential for a healthy and fulfilling life, and everyone should strive to make it a part of their daily routine.

Overall, the lecture on yoga at NIMS University's Indian Tradition Center was a resounding success, reinforcing the timeless value of yoga in achieving a balanced and healthy life. The event not only educated attendees about the benefits of yoga but also motivated them to practice it regularly, thus contributing to their overall well-being.

Students Deserve Justice Where NEET Irregularities Occurred: Nitin Vijay

Kota: Educationist and founder of Motion Education, CEO Nitin Vijay, stated that the new proposal by the National Testing Agency (NTA) will not deliver justice to the thousands of students affected by irregularities in the NEET exam, during the Supreme Court hearing on Thursday. NTA has proposed canceling the scorecards of 1,563 candidates who received grace marks and conducting a re-exam for them on June 23, with results to be announced before June 30.

Nitin Vijay addressed journalists on Thursday, asserting that NTA should acknowledge and rectify instances of paper leaks, cheating, and time wastage wherever they occurred. If this is not feasible, the entire exam should be retaken. The 1,563 students in question approached the court to complain about time wastage, but many others faced similar issues and could



not reach the court. The case from Sawai Madhopur exemplifies this. Around 20,000 students nationwide

have filed petitions regarding NEET exam irregularities in various states. Merely canceling the scorecards of the 1,563 candidates who received grace marks will not ensure justice for all. Last year, a score of 600 corresponded to a rank of 30,000, whereas this year, it corresponds to a rank of 81,000. This 51,000-rank difference cannot be solely attributed to an increase in talent level or grace marks, indicating significant issues with exam leakage and cheating. There have been reports of irregularities in Patna, where students claimed to have received the paper a night before the exam, and in Gujarat. NTA should identify centers where cheating led to abnormally high scores and offer a re-exam at all such centers.

Nitin Vijay mentioned that the Supreme Court had already accepted the PIL of 20,000 students from across the country for a hearing on Wednesday, with the hearing scheduled for Friday. Under the digital protest organized by Motion Education, students submitted their complaints about NEET exam irregularities, demand-

ing that NTA corrects these mistakes, or the entire exam should be retaken if corrections are not possible.

PMCH : New Life to 2-Year-Old Chetna by Removing Cashew Piece

Udaipur: Doctors from the ENT department at Pacific Medical College and Hospital (PMCH) have given a new lease on life to a 2-year-old girl named Chetna by successfully removing a piece of cashew from her windpipe.

Chetna, a resident of Kanpur Madri in Udaipur, experienced difficulty breathing, persistent coughing, chest pain, and throat swelling after a cashew piece got lodged in her windpipe while eating. Her parents rushed her to PMCH's emergency department when they noticed her distress. In the emergency room, ENT specialist Dr. Shiv Kaushik promptly conducted a CT scan, which revealed a foreign object stuck in the main airways of both lungs, causing significant breathing difficulties.

Without wasting any time, a team of doctors decided to perform a bronchoscopy to remove the cashew piece. The successful operation was carried out by a dedicated team including Dr. S.S. Kaushik, Dr. Richa Gupta, Dr. Kashmira, Dr. Krishna Gopal, Dr. Vijay Chahar, Subhash Sharma, Dinesh, Hiralal, and others. Dr. Shiv Kaushik explained that typically, such foreign objects are removed surgically. However, given the child's young age, conventional surgery was not an option. Instead, the medical team used a bronchoscope to carefully extract the cashew piece through her mouth while she was under anesthesia.

Dr. Kaushik emphasized the critical nature of timely intervention, stating that a delay could have resulted in the swelling of the cashew piece, potentially blocking the windpipe completely and endangering the child's life.

PMCH Executive Director Aman Agarwal highlighted that the hospital's ENT department, equipped with world-class, state-of-the-art facilities and a team of specialists, has successfully removed various foreign objects such as seeds, LED bulbs, and corn kernels from the windpipes of over 60 children in the past year and a half. Chetna's family expressed their gratitude to PMCH Chairman Rahul Agarwal, the medical team, management, nursing staff, and other personnel.

Preventive Measures to Avoid Such Incidents:

- Keep children under five years away from

small food items like chickpeas, almonds, dry fruits, and peanuts, as these can swell and block the narrow windpipe.

- If a child exhibits symptoms such as difficulty breathing, blue lips, or chest retractions, seek immediate medical attention.

Enthusiasm Galore at Pacific University's Career Counseling Camp

Udaipur: The renowned Pacific University in South Rajasthan witnessed tremendous enthusiasm among students during its two-day career counseling camp held in Rajasthan and Madhya Pradesh. Recognizing the demand of the times, students often need guidance on new courses. Deciding on a field of study and career path after the 12th grade can be a daunting challenge. To address this issue, Pacific University organized a career counseling camp, which will continue on Sunday.

The camp provided career guidance to a large number of students from 22 cities including Abu Road, Falna, Sirohi, Sumerpur, Pali, Jodhpur, Jaisalmer, Barmer, Rajasamand, Nathdwara, Bhilwara, Chittorgarh, Ratlam, Mandasaur, Neemuch, Kherwara, Dungarpur, Banswara, Sagwara, Salumber, Pratapgarh, and Kota. Students were given detailed information about various courses. Pacific University conducts such camps every year, benefiting millions of students to date.

PIMS Institute of Computer Science Launches BCA Course

Udaipur: To provide new career opportunities for students in southern Rajasthan, Sai Tirupati University Udaipur has launched a new BCA (Bachelor of Computer Applications) course. Considering the current demands, admissions for the 2024-25 session have begun for this course, which focuses on practical education. This information was shared by Chairman Ashish Agarwal during a press conference. The event was also attended by Head of Department Devarshi Mehta, Dr. Naren Goyal, Director Dr. Rimjhim Gupta, Prof. President Piyush Javeria, industry expert Bhaskar Garg, Principal Vipra Sukhwal, and staff members.

Ashish Agarwal emphasized that the current era is dominated by computers, and many

students wish to pursue a BCA course. However, most places still rely on traditional teaching methods, which often do not lead to good job placements for students. The goal of this course is to provide practical knowledge to students to help them build successful careers.

Devarshi Mehta and Dr. Naren Goyal explained that under Sai Tirupati University, the PIMS Institute of Computer Science will offer a three-year BCA degree course. This course will include specializations in Artificial Intelligence, industry-based training, Machine Learning, latest programming languages, and Digital Marketing, considering market demands. Students who have passed 12th grade from any faculty can enroll in this course.

Director Dr. Rimjhim Gupta mentioned that under the same university, the Bachelor of Business Administration in International Business (BBA-IB) offers international exposure, foreign tours, opportunities to learn e-commerce, and foreign languages. The MBA in Hospital Administration and Healthcare Management provides insights into various hospital operations and software management, offering numerous job opportunities in hospital administration. The BBA course also includes an international trip for students to learn management skills from industries abroad.

Prof. President Piyush Javeria added that for the past 21 years, VIFT College has been offering courses in Fashion Designing, Interior Designing, Journalism and Mass Communication, among others. The experienced faculty team at VIFT provides practical knowledge, enabling students to secure good positions and packages in major companies.

Successful Eye Tumor Surgery

Udaipur: Doctors at Pacific Institute of Medical Sciences (PIMS) Hospital, Umarda, have successfully performed surgery to remove an eye tumor. PIMS Chairman, Ashish Agarwal, reported that Rahul, a 14-year-old resident of Mandasaur, had a tumor near his eye since childhood, which prevented his eye from fully opening and caused significant vision difficulties.

Recently, Rahul's family brought him to PIMS Hospital, where the head of the Ophthalmology Department, Dr. Nitin Singh, along with Dr. Sandhya Nagda, Dr. Kareena Bansal, and their team, successfully removed the tumor using a cautery knife without any complications or blood loss. Now, Rahul's eye opens fully, he has no difficulty seeing, and he is completely healthy.

Neelkanth Hosts IVF Babies Carnival

Udaipur: Neelkanth IVF Fertility and Test Tube Baby Center organized an IVF Babies Carnival on Sunday at Yoish Hotel on 100 Feet Road. Dr. Ashish Sood and Dr. Simi Sood of Neelkanth IVF announced that the chief guest of the event was Divisional Commissioner Rajendra Bhatt. The event was graced by distinguished guests including Dr. Vipin Mathur, Principal and Controller of RNT Medical College, Dr. Zulfikar A. Qazi, Joint Director of the Rajasthan Government Health Department, and Vinesh Gadhia, Executive Director and CEO of Fertility 9.

Celebrity Presence:

The event saw the presence of actress and blogger Charu Asopa, known for her roles in popular TV shows like "Devon Ke Dev...Mahadev" as Princess Revati, "Baalveer" as Atkhat Pari, "Mere Angne Mein" as Preeti Srivastava, "Jiji Maa" as Shravani 'Piyali' Purohit, and "Kaisa Hai Ye" as Mridula.

Celebrating IVF Success:

Dr. Sood mentioned that all IVF babies conceived through Neelkanth IVF were invited to the event, with families traveling from various parts of India to Udaipur. The event honored these children and their parents, aiming to dispel myths surrounding infertility and to emphasize that IVF children are just like any other children.

Fun Activities for Children:

To make the event memorable, a special game zone was created for the children, including activities such as magic shows, trampolining, tattoo art, nail art, remote car games, and more. Cartoon characters in various costumes also made appearances to entertain the kids.

Messages from Dignitaries:

Future Achievers: Rajendra Bhatt

Chief guest Rajendra Bhatt congratulated the Neelkanth Hospital family, acknowledging the joy they have brought to many families by filling the void in their lives. He pointed to the children seated in the audience, expressing his belief that they would excel in their studies and achieve great heights, potentially becoming doctors or holding significant positions in the future. He encouraged Neelkanth Hospital to continue their work in spreading happiness and assured them of the district administration's support in any challenges they might face.

IVF is Challenging Work: Dr. Mathur

Dr. Vipin Mathur highlighted the challenging nature of IVF work, acknowledging the deep despair and mental anguish faced by childless couples. He praised the hospital for providing a solution and raising awareness about IVF in cities and villages, resulting in the blossoming of joy in many homes. He extended his best wishes for the hospital's future endeavors, hoping they would continue to benefit more people.

Successful Treatment of a Severe Stroke Patient at GMCH

Udaipur: Geetanjali Medical College and Hospital, Udaipur, is known for providing multidisciplinary treatment approaches to its patients. Recently, a 58-year-old resident of Udaipur was given a new lease on life after a successful treatment at the hospital. The treatment team, supervised by the Head of the Neurology Department, Dr. Nishant Ashwani, included Neurologist Dr. Nishant Ashwani, Resident Dr. Dhruv, ICU doctors Dr. Shubhkar Sharma, Dr. Sanjay Paliwal, Dr. Syed Javed, and supporting staff.

Detailed Information:

Dr. Nishant Ashwani explained that the patient had suffered a stroke two years ago and had subsequently stopped taking his medication. In November 2023, the patient experienced another stroke and was brought to Geetanjali Hospital's emergency department in an unconscious state, complaining of severe headache, dizziness, and vomiting.

Given the patient's critical condition, he was immediately admitted to the ICU. An MRI confirmed the occurrence of a stroke, primarily affecting the posterior part of the brain, which also impaired his vision. After four days, the patient was shifted from the ICU to a regular ward. He is now healthy, leading a normal life, and regularly visiting the hospital for consultations. It is crucial for stroke or high blood pressure patients to continue their medication without interruption unless advised by a doctor. Regular medication intake can prevent the recurrence of strokes. This patient's condition became critical because he had stopped taking his medication without consulting a doctor. Special care and attention are essential after a stroke; neglecting it can be fatal.

